



ADDRESSING ALCOHOL AND DRUG RELATED ISSUES:  
REDUCING HARM AND SUPPORTING POSITIVE CHANGE



AN OVERVIEW  
OF OUR SERVICES



ASCERT offers a wide range of support services to deal with alcohol or drug related concerns. This leaflet provides a summary of what we can offer. Please contact us for more information.

## Lifeskills

The Targeted Life Skills Service provides life skills and harm reduction programmes for groups of young people aged 11-21 years, who are deemed at risk of misusing drugs and/or alcohol.



Service available in the following Health Trusts:



**NHSCT** (a partnership with Start 360)  
**WHST**



## Support for Young People

The DAISY service provides confidential support for young people aged 11-25 years and their families to reduce the harm caused by substance misuse.

**A partnership with Start 360.**



Service available in the following Health Trusts:  
**BHSCT, SEHSCT, NHSCT, WHSCT**



STEPS  COPE

## Living with a parent's alcohol use?

If you are a young person concerned about a parent's drinking, you are not alone. Steps to Cope is a service dedicated to providing information and support to help you understand and cope better with whatever is going on.



[www.stepstocope.co.uk](http://www.stepstocope.co.uk)




# Early Intervention


Sometimes people only seek help when things have become really bad. But if you have concerns about your drinking or drug use the earlier you act the easier it will be to make changes and sustain them. Our early intervention services provide tailored support to help you to make changes now, before things becomes more difficult.

Or, if you have already made changes but feel you have taken a step backwards, we can support you to get back on track.

Service available in the following Health Trusts:

 **WHSCT**



 **BHSCT**



 **SEHSCT**

**ALCOHOL**  
and **you**

Alcohol and You is a partnership with SEHSCT and AddictionNI.  
Alcohol and You and ASCERT Alcohol Services are Big Lottery funded.



## Supporting Families

Usually all the attention is on the person with an alcohol or drug problem, but the people living with that person's substance use have their own needs.

Our family service provides support specifically to family members to help them cope better with what is going on in their family – even if the person with the problem doesn't want help.

 **WHSC**



**steps to  
change**

 **BHSCT**



 **SEHSCT**

**ALCOHOL**  
and **you**

# STRENGTHENING FAMILIES



ASCERT provides the Strengthening Families Programme. This is an internationally evidenced programme that works with groups of families over a 14 week period to help them develop their skills to address challenges in their family.



Service available in the following Health Trusts:  
**BHSCT, SHSCT**

# Family Therapy

The Engage Family Therapy Service works with young people aged 8-17 years, and their families, at an early stage to reduce the risk of anti-social behaviour or offending.

The service uses a Family Therapy model to deliver an additional therapeutic support for young people already engaged with its partner projects in EXTERN and NIACRO. ASCERT also provides training to staff working in the partner projects to developing their systemic thinking and skills.

Engage is a closed referral pathway and the service only supports families from the partnership projects.





# Supporting Communities & Stakeholders

ASCERT hosts the Connections Services on behalf of the South Eastern and Western Drug and Alcohol Coordination Teams (SEDACT and WDACT).

Connections assists their local DACT to take forward its priority actions. It works with local community and stakeholder organisations and partnerships to develop and deliver drug and/or alcohol related projects, events and initiatives.

Find out more by visiting  
**[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)**

**[connections@sedact.info](mailto:connections@sedact.info)**  
**[connections@wdact.info](mailto:connections@wdact.info)**





## Training and Development

Many people come into contact with substance misuse issues in their role. ASCERT is the main training provider for drug and alcohol issues across N. Ireland. We provide an extensive range of training opportunities for staff and volunteers working in all sectors.

There are open courses you can join and we can also provide training in-house for organisations.



# DRUGS AND ALCOHOL: A GUIDE



An app that gives you **fast access** to all the information you will need about **substance misuse**







A partnership with





## OUR LOCATIONS

-  23 Bridge Street, Lisburn ,  
BT28 1XZ
-  Unit 28, North City Business  
Park, 2 Duncairn Gardens,  
Belfast, BT15 2GG
-  7a Dublin Road, Omagh,  
Co. Tyrone, BT78 1ES
-  1 Queens Avenue,  
Magherafelt, BT45 6AB

**T:** 0800 254 5123  
**E:** [info@ascert.biz](mailto:info@ascert.biz)  
**W:** [www.ascert.biz](http://www.ascert.biz)  
 /ascertni  
 @ascertni



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